

The **Volunteer to Career** programme is a great opportunity if:

- You are not sure if a career in healthcare is for you and want to try it out before applying for a paid job or course
- You have been out of work for a length of time and need a gradual route back into work
- You have been turned down for jobs in the NHS due to lack of knowledge and experience in the NHS

What does the programme involve?

- If you are not already a volunteer at our Trust, you will need to go through the recruitment process to become a volunteer
- This is a 5-6 month programme with a commitment to complete a minimum of 4 hours volunteering per week (so 50 hours in total). We will work with you to identify an area where you would like to volunteer and provide support to you throughout that time
- You will be supported each step of the way and will have a mentor who will

help you learn the skills you need

- Access to CV writing workshops, interview skills seminars, 'Ask the Experts Q&A's, personal statement and job application support

How do I apply?

We are offering 20 places on our first Veterans and Families cohort of Volunteer to Career starting in March 2025

No previous experience or qualifications are needed to apply

You can apply via our website www.sath.nhs.uk/volunteers or by scanning the QR code overleaf

If you are interested in this opportunity or would like further information, please contact our Volunteer Team on 01743 492256 or sath.volunteers@nhs.net

"This program has helped provide the catalyst for the biggest career change of my life and helped me achieve my dream."
- *VtC Volunteer*



Veterans and Families Volunteer to Career

A programme supporting the direct route in to
work in the healthcare sector

We are working with Helpforce (a national charity) and the local Armed Forces Network as one of 14 pilot sites to deliver two Veterans and Families **Volunteer to Career Programmes** with the aim of creating a pathway for veterans and their families to support them gaining experience within the healthcare sector via volunteering and training.

This programme will help/give you:

- Gain experience to help with applications
- Learn new skills and meet new people
- Build your confidence
- Experience volunteering in a hospital
- Employability support, which includes career coaching sessions
- Access to CV writing workshops
- Interview skills seminars

SCAN THE
QR CODE
TO FIND
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MORE



Turn over for more
information



www.sath.nhs.uk/volunteers