

## Appendix 6: Rostering Dashboard for Safe Working Hours

The below tables summarises the instances identified from the retrospective rostering dashboard. Each breach is a singular count of the number of instances where a rest requirement has not been met. Where this is consecutive days, each day is counted as a breach (e.g. if a doctor worked 10 consecutive days, days 8-10 would be counted as 3 breaches). The number of episodes shows the occurrences by grouping breaches by runs of shifts worked.

Specialty	Sum of No. Episodes	Sum of No. Breaches
Emergency Medicine	7	16
General Surgery	2	3
T&O	6	13
ENT	0	0
Oral & Max Fax	13	21
<b>Grand Total</b>	<b>28</b>	<b>53</b>

The table below categorises the breaches into the safe working hours listed in Schedule 3 of the 2016 Junior Doctor Contract. A summary of the headings is provided below.

- **No rest of 4 long (48 hours)** - No more than four long shifts (where a long shift is defined as being a shift rostered to last longer than 10 hours) shall be rostered or worked on consecutive days. Where four long shifts are rostered on consecutive days, there must be a minimum 48-hour rest period rostered immediately following the conclusion of the fourth long shift.
- **No rest after singular or max 4 nights** - Where shifts (excluding non-resident on-call shifts) defined as having 3 hours fall into the period 23:00-06:00 rostered singularly, or consecutively, there must be a minimum 46-hour rest period rostered immediately following the conclusion of the shift(s).
- **More than 7 consecutive days** - A maximum of seven shifts of any length can be rostered or worked on seven consecutive days
- **No rest after 7 consecutive days** - Where seven shifts of any length are rostered or worked on seven consecutive days, there must be a minimum 48-hours' rest rostered immediately following the conclusion of the seventh shift.
- **Over 72 hours** - No more than 72 hours' actual work should be rostered for or undertaken by any doctor, working on any working pattern, in any period of 168 consecutive hours.

Specialty	No rest after 4 long (48 hours)?	No rest after singular or max 4 nights?	More than 7 consecutive days?	No rest after 7 consecutive shifts?	Over 72 hours?
Emergency Medicine	1	0	7	8	0
General Surgery	3	0	0	0	0
T&O	6	0	3	3	1
ENT	0	0	0	0	0
Oral & Max Fax	3	0	8	4	6
<b>Grand Total</b>	<b>13</b>	<b>0</b>	<b>18</b>	<b>15</b>	<b>7</b>

It is recognised that singular episodes can represent breaches in different categories of safe working hours. As an example, a singular episode could breach rest after 4 long days, more than 7 consecutive days and more than 72 hours worked in one run of shifts, which explains the higher number of breaches recorded vs episodes counted.