**West Midlands North Foundation School**

Individual Placement Description – Shrewsbury and Telford Hospital NHS Trust

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| **Placement** | FY2 Ophthalmology |
| **The department** | Ophthalmology |
| **The type of work to expect and learning opportunities** | The foundation doctor will have exposure to a wide range of ophthalmology clinics including general and urgent eye clinics.  A regular oculoplastics theatre list and time in a minor ops clinic is provided to enable the foundation doctor to improve practical skills including suturing and excision of eye lesions.  In addition to this, time will be set aside in your timetable for study and you are welcome to attend the regular in-house formal teaching sessions for the OSTs who are pursuing Ophthalmology as a career.  There is a lunchtime Medical Retina MDT every Tuesday that you are encouraged to attend to boost your knowledge of retinal evaluation and management.  Foundation teaching takes place cross-site weekly between 13.00 – 17.00, this time also includes the mandatory self-directed learning time required as part of the Foundation Curriculum.  Foundation doctors are also required to attend Simulation Training during their training year. |
| **Where the placement is based** | Royal Shrewsbury Hospital, Princess Royal Hospital |
| **Supervisor(s) for the placement** | One of the Ophthalmology consultants |
| **Main duties of the placement** | Duties include cover of the Urgent Eye Clinic with the other Consultants, STs and Middle Grades. You are allocated time in General and Specialist Outpatient Clinics.  You will learn the basic examination techniques in ophthalmology under close supervision, together with a sound grasp of the common ophthalmic conditions.  There will be the opportunity for regular theatre sessions and to sit in with the orthoptists during your time in our department. Some of these sessions are at the Princess Royal Hospital in Telford.  On the rare occasion when we have an in-patient, you will be responsible for their ward care under the supervision of their consultant. |
| **Typical working pattern** | Currently the post has no on-calls |
| **Employer information** | The Shrewsbury and Telford Hospital NHS Trust (SaTH) is the main provider of acute hospital services for around half a million people in Shropshire, Telford & Wrekin and Mid Wales. Our main service locations are the Princess Royal Hospital (PRH) in Telford and the Royal Shrewsbury Hospital (RSH) in Shrewsbury which are located 20 minutes’ drive apart. Together they provide 99% of our activity. Both hospitals provide a wide range of  acute hospital services including accident & emergency, outpatients, diagnostics, inpatient medical care and critical care.  [Shrewsbury and Telford Hospital NHS Trust (SaTH)](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.sath.nhs.uk%2F&data=05%7C02%7Cmichele.wood2%40nhs.net%7C36eb747570ed452c7af708dc17768ab3%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638411045092767037%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=dp%2FyErDgr%2FxoNA2SHtlkbpqqtLpyeDORFQAvmP2TZjs%3D&reserved=0).  We provide high quality clinical training with excellent feedback from our trainees, preparing them for the transition from the Foundation programme to Specialist training and beyond.  The Trust has an Education Centre and Library on both hospital sites.  There is also an active Doctors Mess and committee on both hospital sites.  Shropsim is our state-of-the-art simulation facility – this Centre provides exciting opportunities to enhance clinical skills in a high fidelity simulated environment, and also for those interested to become trainers themselves.  Our county boasts one of the most varied landscapes of any of the English counties. From the rugged Stiperstones ridge to the rolling upland hills and valleys around Clun, and not forgetting the fossil packed limestone rock of Wenlock Edge. The Shropshire Hills National Landscape provides a scenic backdrop for a peaceful countryside stroll, or why not take part in one of the many activities on offer. [Visit Shropshire - The official tourism website for Shropshire](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.visitshropshire.co.uk%2F&data=05%7C02%7Cmichele.wood2%40nhs.net%7C36eb747570ed452c7af708dc17768ab3%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638411045092767037%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=BxLJFbsIqhLCdRUUeEC%2FZYQj9%2F4tQodBRZHb%2FTrDb5w%3D&reserved=0)  Nestled on the Welsh border, we are also under 2 hours drive from both Eryri National Park and the Peak District National Park, with the Lake District and Brecon Beacons also accessible with a slightly longer drive.  The county’s population and economy is centred around the five main towns:  • Shrewsbury, the county town, which is culturally and historically important and is located close to the centre of the county  •Telford, a new town which is vibrant with many restaurants, cinema and a large shopping centre  • Oswestry, a town situated on the Welsh border  • Bridgnorth, a town split in two by the River Severn  • Ludlow, a town famous for its gourmet food and ruined medieval castle  The county also has smaller market towns, including Whitchurch, Newport and Market Drayton.  One of the main attractions of this area is the fantastic outdoor life, both within Shropshire and Telford & Wrekin, and in the neighbouring counties and nearby National Parks.  There is no shortage of exciting outdoor activities to take part in in Shropshire! From walking, cycling and horse-riding to indoor and outdoor rock climbing, wild swimming and canoeing. For the more adventurous of you there are also opportunities for paragliding, parachuting and skydiving. And of course, nothing beats pitching your tent and simply enjoying the beautiful views and being surrounded by nature!  Telford has the biggest shopping centre in the county. Located in the heart of Telford, the centre has over 160 high street stores. It is also located next to the new Southwater development, which houses an IMAX cinema, Tenpin Bowling, Telford Library and a selection of restaurants and bars. There is plenty of parking available.  Shrewsbury has a smaller shopping centre but boasts an impressive selection of independent and boutique shops. Take a stroll through the cobbled streets and stop for a hot drink or cake in one of the many cafes.  Many of the smaller market towns of Shropshire are also not to be overlooked. Ludlow has a market in the square each week, situated underneath the castle ruins. Bishops Castle also has a variety of art, antiques and crafts shops, as well as the renowned Three Tuns brewery (the oldest working brewery in Britain) which dates back to 1642!  Shropshire has an agricultural heritage, which can be seen in the varied plates of food you can find throughout the county. From the tasty pub snacks to a Sunday roast, from street food to fine dining – you are guaranteed to find something to your taste! The area has a rich food scene with both Ludlow and Shrewsbury hosting excellent annual food festivals. Ludlow Food Festival takes place in September and is set within the impressive castle ruins! Shropshire already has a reputation as a great foodie destination, being the proud home to 9 Michelin Guide restaurants (2023), with 4 of these being in Ludlow.  Shropshire has a long tradition of brewing, and there are currently 19 microbreweries in the county. The Shropshire Real Ale Trail is a great way to sample these local ales. Many of them are only available in the pubs closest to the breweries! There is also a selection of vineyards, distilleries, cocktail bars and licensed cafes. And for the coffee drinkers, Shropshire has a selection of independent coffee roasters, which can be sampled at one of the many local cafes.  Most sports are well catered for locally, including football, rugby, golf, ice skating, ice hockey,rock climbing, squash, tennis, shooting and fishing. The sports partnership Energize promotes access to a wide range of organised activities.  There are many local teams to watch and support. League 1 football team Shrewsbury Town F.C. play at the Croud Meadow, and there is also the Telford Tigers ice hockey team.  **Please note that due to Trust reconfiguration our posts may change hospital site/specialty/on-call frequency during 2025/2026.**  . |

It is important to note that this description is a typical example of your placement and may be subject to change.