**West Midlands North Foundation School**

Foundation Priority Programme (New Zealand 3 Year Programme)

Shrewsbury and Telford Hospital NHS Trust (SaTH)

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| **Placement** | New Zealand Foundation Priority Post  Successful candidates will be required to apply for an 11 month **Out of Programme Experience (OOPE)** at the beginning of Foundation Year 2. |
| **The department** | Department of Medicine |
| **The type of work to expect and learning opportunities** | SaTH currently has 2 posts that rotate to New Zealand at any one time, links have been established with this Health Board due to staff emigrating over recent years.    Foundation Doctors appointed to this Foundation Priority Programme will complete Foundation Training over a 3-year period, detailed below: -  **Year 1**  Completion of FY1 year at SaTH (3 four-month rotations)  **Year 2/3**  8 months FY2 training at SaTH (2 four months posts – August & December). The FY2 will rotate to New Zealand in April for approx. 11 months, returning to Shropshire the following March to undertake one final 4-month community post (ARCP will take place in the June with other Foundation Doctors).  In April 2023 2 FY2s rotated to New Zealand and following consultation with the District Health Board they were placed at Thames Hospital in the Coromandel Peninsula.  ***Feedback from current trainees (2023/2024).***  Thames Hospital currently has an Emergency Department with a 12-bed short-stay ward, the main inpatient unit with 35 beds, 10 of which are considered “rehabilitation” for longer-term patients requiring PT/OT; these are often repatriations from Waikato following surgery or specialist treatment. The hospital also has outpatient clinics and a small day surgery unit. As a House Officer you will be working almost exclusively within the inpatient unit.  The day-to-day job is like any standard medical job within the UK, ward rounds happen every morning with an SMO (Consultant) and then we are allocated of jobs for the rest of the day. House Officers run their own ward rounds for simpler patients who have been post-taken and don’t require much senior input, which we have found has helped develop our management skills. The consultants are very accessible and always happy to be asked for advice.  We currently work 1 long day shift per week, on that shift you do your normal day job but then stay to cover the ward after hours and see new patients who have been seen by ED and accepted for admission. Generally, ED has done the majority of the workup for these patients. Being out of hours cover is a great opportunity to gain independence in assessing and managing patients, some of whom can be quite sick. As a general hospital we get a variety of presenting complaints so the issues you are managing throughout the day can vary quite a bit. |
| **Where the placement is based** | Waikato District Health Board, [**http://www.waikatodhb.health.nz**](http://www.waikatodhb.health.nz)**/** |
| **Supervisor(s) for the placement** | To be agreed on appointment. |
| **Main duties of the placement** | As above |
| **Typical working pattern in this placement** | To be agreed on appointment |
| **Employer information** | **Waikato District Health Board**  2023 payrates are NZ$89,000 p.a. (roughly equivalent to £44,500 currently).  Current doctors on rotation to New Zealand are supported with finding accommodation and this can be discussed during the onboarding process with the Medical Resourcing Team within the District Health Board.  Indemnity is covered by the District Health Board.  Associated costs that applicant is currently responsible for:   * Air fare and visa * Upfront payment of MCNZ Registration and Annual Practicing Certificate (this can be claimed back from the District Health Board)   Current doctors in post recommend that planning ahead to buy a car once in New Zealand is highly recommended!  **Shrewsbury & Telford Hospital NHS Trust**  The Shrewsbury and Telford Hospital NHS Trust (SaTH) is the main provider of acute hospital services for around half a million people in Shropshire, Telford & Wrekin and Mid Wales. Our main service locations are the Princess Royal Hospital (PRH) in Telford and the Royal Shrewsbury Hospital (RSH) in Shrewsbury which are located 20 minutes’ drive apart. Together they provide 99% of our activity. Both hospitals provide a wide range of  acute hospital services including accident & emergency, outpatients, diagnostics, inpatient medical care and critical care.  [Shrewsbury and Telford Hospital NHS Trust (SaTH)](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.sath.nhs.uk%2F&data=05%7C02%7Cmichele.wood2%40nhs.net%7C36eb747570ed452c7af708dc17768ab3%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638411045092767037%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=dp%2FyErDgr%2FxoNA2SHtlkbpqqtLpyeDORFQAvmP2TZjs%3D&reserved=0).  We provide high quality clinical training with excellent feedback from our trainees, preparing them for the transition from the Foundation programme to Specialist training and beyond.  The Trust has an Education Centre and Library on both hospital sites.  There is also an active Doctors Mess and committee on both hospital sites.  Shropsim is our state-of-the-art simulation facility – this Centre provides exciting opportunities to enhance clinical skills in a high fidelity simulated environment, and also for those interested to become trainers themselves.  Our county boasts one of the most varied landscapes of any of the English counties. From the rugged Stiperstones ridge to the rolling upland hills and valleys around Clun, and not forgetting the fossil packed limestone rock of Wenlock Edge. The Shropshire Hills National Landscape provides a scenic backdrop for a peaceful countryside stroll, or why not take part in one of the many activities on offer. [Visit Shropshire - The official tourism website for Shropshire](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.visitshropshire.co.uk%2F&data=05%7C02%7Cmichele.wood2%40nhs.net%7C36eb747570ed452c7af708dc17768ab3%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638411045092767037%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=BxLJFbsIqhLCdRUUeEC%2FZYQj9%2F4tQodBRZHb%2FTrDb5w%3D&reserved=0)  Nestled on the Welsh border, we are also under 2 hours drive from both Eryri National Park and the Peak District National Park, with the Lake District and Brecon Beacons also accessible with a slightly longer drive.  The county’s population and economy is centred around the five main towns:  • Shrewsbury, the county town, which is culturally and historically important and is located close to the centre of the county  •Telford, a new town which is vibrant with many restaurants, cinema and a large shopping centre  • Oswestry, a town situated on the Welsh border  • Bridgnorth, a town split in two by the River Severn  • Ludlow, a town famous for its gourmet food and ruined medieval castle  The county also has smaller market towns, including Whitchurch, Newport and Market Drayton.  One of the main attractions of this area is the fantastic outdoor life, both within Shropshire and Telford & Wrekin, and in the neighbouring counties and nearby National Parks.  There is no shortage of exciting outdoor activities to take part in in Shropshire! From walking, cycling and horse-riding to indoor and outdoor rock climbing, wild swimming and canoeing. For the more adventurous of you there are also opportunities for paragliding, parachuting and skydiving. And of course, nothing beats pitching your tent and simply enjoying the beautiful views and being surrounded by nature!  Telford has the biggest shopping centre in the county. Located in the heart of Telford, the centre has over 160 high street stores. It is also located next to the new Southwater development, which houses an IMAX cinema, Tenpin Bowling, Telford Library and a selection of restaurants and bars. There is plenty of parking available.  Shrewsbury has a smaller shopping centre but boasts an impressive selection of independent and boutique shops. Take a stroll through the cobbled streets and stop for a hot drink or cake in one of the many cafes.  Many of the smaller market towns of Shropshire are also not to be overlooked. Ludlow has a market in the square each week, situated underneath the castle ruins. Bishops Castle also has a variety of art, antiques and crafts shops, as well as the renowned Three Tuns brewery (the oldest working brewery in Britain) which dates back to 1642!  Shropshire has an agricultural heritage, which can be seen in the varied plates of food you can find throughout the county. From the tasty pub snacks to a Sunday roast, from street food to fine dining – you are guaranteed to find something to your taste! The area has a rich food scene with both Ludlow and Shrewsbury hosting excellent annual food festivals. Ludlow Food Festival takes place in September and is set within the impressive castle ruins! Shropshire already has a reputation as a great foodie destination, being the proud home to 9 Michelin Guide restaurants (2023), with 4 of these being in Ludlow.  Shropshire has a long tradition of brewing, and there are currently 19 microbreweries in the county. The Shropshire Real Ale Trail is a great way to sample these local ales. Many of them are only available in the pubs closest to the breweries! There is also a selection of vineyards, distilleries, cocktail bars and licensed cafes. And for the coffee drinkers, Shropshire has a selection of independent coffee roasters, which can be sampled at one of the many local cafes.  Most sports are well catered for locally, including football, rugby, golf, ice skating, ice hockey,rock climbing, squash, tennis, shooting and fishing. The sports partnership Energize promotes access to a wide range of organised activities.  There are many local teams to watch and support. League 1 football team Shrewsbury Town F.C. play at the Croud Meadow, and there is also the Telford Tigers ice hockey team.  **Please note that due to Trust reconfiguration our posts may change hospital site/specialty/on-call frequency during 2025/2026.** |

It is important to note that this description is a typical example of your placement and may be subject to change.