

## **Multi-Factor Authentication**

## What is Multi-Factor Authentication (MFA)?

Normally you use your username and password to log into your ESR account.

In addition to your username and password, you can set up a second form of authentication known as multi-factor authentication to add an additional layer of security for your personal data in ESR.

Enabling MFA in ESR is a personal choice. If you choose not to use MFA, you will still be able to log in to your ESR account using your username and password only.

Note - you are not able to register for MFA if you have left the trust.

## What are the benefits of MFA?

- Keeps your personal data in a more protected environment.
- Helps you gain access to your account should you forget your password.
- Provides increased protection against cyber-attacks.
- Checks if an attempt is made to access your account from an unusual location or device.

Watch a helpful video that explains the steps to setting up MFA in ESR. Click the following link to access the video: **Multi Factor Authentication video** 





There is also a step by step guide to help you set up MFA in ESR. Click the following link to access the guide: MFA step by step guide

