

## Armed Forces Charity Directory

Charity name	Function/ Description	Address	Email	Webpage	Contact Number
Telford Mind	Deliver the Veterans' Cafes across the Borough	Court Street Medical Practice, Court Street, Madeley, TF7 5EE	talk2@telford-mind.co.uk	<a href="http://telford-mind.co.uk">Home - Telford Mind (telford-mind.co.uk)</a>	07434 869248
Telford Armed Forces & Veterans Breakfast Club	A group of veterans and serving members of his Majesty's Armed Forces. There are no commitments or subs, just a great place to meet like-minded people for support, chat, and banter.	The Outpost Café, The Wakes, Theatre Square, Telford, TF2 6EP	sallyblackburn1981@icloud.com	<a href="http://afvbc.net">Telford Armed Forces &amp; Veterans Breakfast Club – The Official Armed Forces &amp; Veterans Breakfast Clubs Network (afvbc.net)</a>	07962 382547
Veterans Mental Health Transition, Intervention and Liaison Service	They support: 1 Transition 2 Intervention 3 Liaison	Mental Health Matters, Waterside house, Sunderland Enterprise Park, Sunderland, SR5 2TZ	mevs.mhm@nhs.net	<a href="http://mhm.org.uk">Op Courage Midlands (mhm.org.uk)</a>	0300 3230137
The Royal British Legion	Provides lifelong support for the Armed Forces community –serving men and women, veterans, and their families.	Royal British Legion, 199 Borough High Street, London, SE1 1AA	-	<a href="http://www.britishlegion.org.uk">www.britishlegion.org.uk</a>	0808 802 8080



Veterans UK	The Ministry of Defence's Veterans UK helpline provides assistance on many issues including benefits, housing, and welfare	Veterans UK helpline Veterans UK Ministry of Defence Norcross Thornton Cleveleys FY5 3WP	veterans-uk@mod.gov.uk	<a href="http://www.gov.uk">Veterans UK - GOV.UK (www.gov.uk)</a>	Freephone (UK only): 0808 1914 2 18  Telephone (overseas): +44 1253 866 043
Combat Stress	Supports former service members and women's mental health.	Tyrwhitt House, Oaklawn Road, Leatherhead, Surrey, KT22 0BX	helpline@combatstres s.org.uk	<a href="http://www.combatstress.org.uk">www.combatstress.org.uk</a>	0800 138 1619 or 07537 173683
SSAFA	Offers help and support to all serving members and former members of the Armed Forces including their families.	SSAFA, the Armed Forces charity, 4 St. Dunstan's Hill, London, EC3R 8AD	digital@ssafa.org.uk or ewm.region@ssafa.org.uk	<a href="http://www.ssfa.org.uk/Shropshire">www.ssfa.org.uk/Shropshire</a>	0800 260 6780 or 0800 260 6767,
Blind Veterans UK	Provides rehabilitation, training, practical advice, and emotional support to veterans regardless of how or when they lost their sight. We are here to help blind veterans regain their independence and live the life they choose.	Blind Veterans UK 126 Fairlie Road Slough SL1 4PY	supporter.services@bl indveterans.org.uk	<a href="http://www.blindveterans.org.uk">Blind Veterans UK, Rebuilding lives after sight loss - Blind Veterans UK</a>	0300 111 22 33



<p>Walking with the Wounded (supporting those who served)</p>	<p>Walking With The Wounded 'WWTW' is a leading UK military charity which recognises that those who served, deserve. We empower veterans by reigniting their sense of purpose, enabling them to make a positive contribution to their communities and lead independent lives</p>	<p>Stody Hall Barns  Stody  Melton Constable  Norfolk NR24 2ED</p> <p>42 Canada Street  Manchester  M40 8AE</p>	<p><a href="mailto:info@wwtw.org.uk">info@wwtw.org.uk</a></p>	<p><a href="#">UK Military Veterans Charity   Walking With The Wounded   Walking With The Wounded</a></p>	<p>033 00 585 800</p>
<p>Ripple Pond</p>	<p>The Ripple Pond is the only UK charity to exist solely to support the adult family members of physically or psychologically injured British Armed Forces personnel and veterans.</p> <p>Our supportive community and specialist services are just for you, to help you:</p> <ul style="list-style-type: none"> <li>• Reduce your feelings of isolation</li> <li>• Strengthen your confidence and self-esteem</li> <li>• Improve your wellbeing, and help you move towards</li> </ul>	<p>Ground Floor  66 High Street  Lewes  East Sussex  BN7 1XG</p>	<p><a href="mailto:help@theripple.org">help@theripple.org</a></p>	<p><a href="#">Home   The Ripple Pond - Injured UK Veteran Family Support</a></p>	<p>0333 9001028</p>



	a more positive state of mental health <ul style="list-style-type: none"> <li>• Build your resilience</li> </ul>				
Help for Heroes	Provide recovery and support for the Armed Forces community whose lives are affected by their service, no matter when they served	Help for Heroes Unit 14 Parkers Close Downton Business Centre Salisbury Wiltshire SP5 3RB	getsupport@helpforheroes.org.uk	<a href="http://www.helpforheroes.org.uk">www.helpforheroes.org.uk</a>	0300 303 9888
The Confederation of Service Charities	COBSEO works with its Member organisations to further the interests of the Armed Forces community, collectively	Mountbarrow House 12 Elizabeth Street London SW1W 9RB	enquiries@cobseo.org.uk	<a href="http://www.cobseo.org.uk">www.cobseo.org.uk</a>	Members Directory Archive - Cobseo
NHS England	Provide healthcare information and support for the UK's 10 million-strong armed forces community, including serving personnel, reservists, families, and veterans	See webpage	See webpage	<a href="http://www.nhs.uk">Veterans, service leavers, and non-mobilised reservists - NHS (www.nhs.uk)</a>	See webpage
Defence Medical Welfare Service	An independent charity providing an independent and confidential medical welfare service.	DMWS, The Old Stables, Redenham Park, Andover, Hampshire, SP11 9AQ	referrals@dmws.org.uk	<a href="http://www.dmws.org.uk">www.dmws.org.uk</a>	Helpline: 0800 999 3697  HQ: 01264 774 000



The Veteran's Gateway	The first point of contact for veterans and their families, putting them in touch with the organisations best placed to help with the information, advice and support they need –from healthcare and housing to employability, finances, personal relationships and more.	Veterans Gateway, PO Box 6997, Cardiff, CF15 5DT	Ask a Question (veteransgateway.org.uk)	<a href="http://www.veteransgateway.org.uk">www.veteransgateway.org.uk</a>	0808 802 1212
Blesma	Supports all serving and ex-Service members who have lost limbs, or lost the use of limbs or eyes, to rebuild their lives by providing rehabilitation activities and welfare support	The Limbless Veterans, 115 New London Road, Chelmsford, CM2 0QT	info@blesma.org	<a href="http://www.blesma.org">www.blesma.org</a>	020 8590 1124
Nursing Memorial Appeal	A charity that celebrates nurses past and supports current and future nurses in their training a humanitarian and military endeavours	The Nursing Memorial Appeal Naval & Military Club No. 4 St. James's Square London SW1Y 4JU	nursingmemorialappeal@drewrys.com	<a href="http://www.nursingmemorialappeal.org">www.nursingmemorialappeal.org</a>	See email.
RAF Benevolent Fund	Offers a range of veteran support, from financial assistance to welfare breaks. Welfare breaks, grants to help with financial difficulty & getting about at home.	RAF Benevolent Fund, 67 Portland Place, London W1B 1AR	welfare Navigators@rafbf.org.uk	<a href="http://www.rafbf.org">www.rafbf.org</a>	0300 102 1919 Or 020 7580 8343 HQ



The Royal Marines Association	Offers support, stability, and friendship to the entire Royal Marines Family. Our membership is made up of Royal Marine Cadets, recruits, serving and veteran Royal Marines as well as their relatives, those who have served alongside the Corps or who share our values and ethos.	The CHAMP Building RMA – The Royal Marines Charity Commando Training Centre Royal Marines, Lympstone Exmouth Rd Exmouth EX8 5AR	Contact Us - RMA - The Royal Marines Charity (rma-trmc.org)	<a href="http://www.royalmarinesassociation.org.uk">www.royalmarinesassociation.org.uk</a>	023 9298 1920
Shropshire Council	Website directing serving military personnel and veterans in need to local services and charities.	The Shirehall, Abbey Foregate, Shrewsbury SY2 6ND	SAFCC@Shropshire.gov.uk	<a href="#">Armed forces support   Shropshire Council</a>	01743 255933
Telford Council	Website directing serving military personnel and veterans in need to local services and charities.	Southwater Square, St Quentin Gate, Telford TF3 4EJ	-	<a href="http://www.telford.gov.uk">www.telford.gov.uk</a>	01952 380000
RJAH – MSK services for Veterans	MSK Services for Veterans	Gobowen, Oswestry SY10 7AG	-	<a href="#">Veterans' Orthopaedic Service - RJAH</a>	<a href="https://www.google.com/search?q=rjah+address&amp;dq=rjah+address&amp;gs_lcrp=EgZjaHJvbWUyBggAEEUYOdIBCDM2NzhqMGo0qAIAAsAI">https://www.google.com/search?q=rjah+address&amp;dq=rjah+address&amp;gs_lcrp=EgZjaHJvbWUyBggAEEUYOdIBCDM2NzhqMGo0qAIAAsAI</a>





					B&sourceid=ch rome&ie=UTF- 8
British Red Cross	Very active Red Cross in support of many Veterans	44 Moorfields, London, EC2Y 9AL.	-	<a href="http://www.redcross.org.uk">www.redcross.org.uk</a>	0344 871 11 11
Fighting with Pride	We are here to support LGBT+ Veterans, serving personnel and their families, particularly those who were affected by the 'gay ban', ultimately lifted on 12th January 2000. Before then, thousands of LGBT+ service personnel were removed or forced from service and abandoned, after serving with pride. In the years ahead it is our aim to restore the military covenant and bring this community back into the military family. We are working with Veteran supporting organisations to build capacity for LGBT+ Veteran support, to recognise their service and help resolve the challenges they face in their lives beyond military service.	-	info@fightingwithpride.org.uk	<b>Fighting With Pride: The LGBT+ Military Charity</b>	Get in Touch (fightingwithpride.org.uk)



X (Twitter):

Armed Forces Covenant @APPGCovenant  
Shropshire Covenant @ShropCovenant  
Telford Covenant @TandWAFCC

